

**A M P S ~ FIRST TERM EXTRAMURAL TIMETABLE ~ January 2020**

<b>EARLY SEASON - JANUARY TO + MID FEBRUARY</b>				
<b>ACTIVITY</b>	<b>EDUCATOR / S</b>	<b>TEAM / GRADE</b>	<b>PRACTICE</b>	<b>ATHLETIC EVENTS</b>
<b>ATHLETICS</b>	<b>MIDDLE DISTANCE</b> Mr Mostert Mrs Wessels	U 9 - U 13	MON - FRI 6:30 - 7:30	Brentwood Park 23rd Jan (Away)
	<b>HURDLES - RELAY</b> Mr Klue Mr Mostert Mr Aldridge Mr Du Plessis Miss Connoway	U 9 - U 13	MON - FRI 8:05 - 9:05 ACTIVITY PERIOD	Laerskool Rynfield 29 <sup>th</sup> Jan (Away)  Kempton Laerskool 6 <sup>th</sup> Feb (Home)  INTER PRIMARY 11 <sup>th</sup> & 13 <sup>th</sup> Feb
	<b>JUNIOR SPRINTS</b> Miss Lindsay	U 7 - U 9	MON – FRI 8:05 – 9:05 ACTIVITY PERIOD	Greater Kempton 20 <sup>th</sup> Feb
	<b>SHOT PUT</b> Mr Mostert Miss Moore Mrs Potgieter	U 9 - U 13	MON - THURS 14:00 – 15:30	D17 26 <sup>TH</sup> Feb
	<b>HIGH JUMP</b> Mr Aldridge Mrs du Preez Mrs Steenkamp	U 9 - U 13	MON – THURS 14:00 – 15:30	Gauteng 13 <sup>th</sup> & 14 <sup>th</sup>  SA Schools 27 <sup>th</sup> & 28 <sup>th</sup> March
	<b>LONG JUMP</b> Mr Du Plessis Mrs Marshall	U9 – U13	MON – THURS 14:00 – 15:30	

<b>MID SEASON - + MID FEBRUARY TO END MARCH</b>				
<b>NETBALL</b>	Mrs Du Toit	U 10	TUES & WED 14:00 – 15:00	<b>Friendlies</b> <b>Rugby and Netball:</b> 18/2 Van Riebeeck Park (home) 20/2 Impala (away) 27/2 Dalview (away) 5/3 Kreft (away) 12/3 Rynfield Laerskool (away) 2/4 Kempton Laerskool (home)
	Mrs Wessels	U 11	TUES & WED 14:00 - 15:00	
	Mrs Hatton	U 12	TUES & THURS 14:00 - 15:00	
	Mrs Netto	U13	WED & THUR 14:00 – 15:00	
<b>MINI NETBALL</b>	Miss Fyfe	U7	MON & TUES 14:00 – 15:00	
	Mrs du Preez	U8	MON & TUES 14:00 – 15:00	
	Miss Scheepers	U9	MON & TUES 14:00 – 15:00	
<b>RUGBY</b>	Mr Du Plessis Mr Aldridge	U9	During athletics Tues & Thurs 14:00-15:00	
	Mr Klue Mr Mostert	U10 U11	After athletics U9, U10 & U11 14:00 – 15:00 2 <sup>ND</sup> XV & 1 <sup>ST</sup> XV 15:00 – 16:15	
	Mr Mostert Mr Aldridge	2 <sup>nd</sup> XV		
	Mr Klue Mr Du Plessis	1 <sup>st</sup> XV		
	<b>SWIMMING</b>	Miss Lindsay	U7 & U8	MON & FRI 14:00 – 15:00
Miss Connoway		U9	MON & FRI 14:00 – 15:00	
Miss Okes		U10	MON 14:00 – 15:00 WED 6:45 – 7:30 FRI 6:45 – 7:30	

	Mrs Visser	U11	MON FRI	14:00 – 15:00 14:00 – 15:00	
	Mrs Gaddin	U12 & U13	MON WED FRI	14:00 – 15:00 6:45 – 7:30 6:45 – 7:30	
<b>HOCKEY ACADEMY</b>	Mrs Van Dijk Mrs du Preez	Gr 1, 2 & 3	MON	14:15 – 15:15	
	Miss Moore Mrs du Preez	Gr 4 – 7	FRI	14:15 – 15:15	
<b>ALL SEASON – JANUARY TO MARCH</b>					
<b>CHESS</b>	Mrs Hatton	All players	WED	14:00 – 15:00	
<b>DRAMA</b>	Miss Roodt Miss Knoutze (Miss Okes)	Gr 4 – 7	MON & WED	14:00 – 15:00	
<b>MARIMBA</b>	Mrs van Dijk Mrs Santos	Gr 6 & 7	TUES	14:00 – 15:00	
<b>HOMEWORK CLASS</b>	Miss Makhubela	Gr 1 - Gr 3	FRIDAY	14:00 - 15:00	
	Mrs Dawson Mr Lindsay Mrs Breedt	Gr 4 - Gr 7			
<b>EXTRA AFRIKAANS</b>	Miss Beaver	Gr 1	THUR	14:00 – 15:00	
	Miss Beaver	Gr 2	MON	14:00 – 15:00	
	Miss Roodt	Gr 3	THUR	14:00 – 15:00	
	Miss Turner	Gr 4	MON	14:00 – 15:00	
	Mrs Visser	Gr 5	TUES	14:00 – 15:00	
	Mrs Santos	Gr 6	THUR	14:00 – 15:00	
	Mrs Breedt	Gr 7	MON & TUE	14:00 - 15:00	
<b>EXTRA MATHS</b>	Mrs Francis	Gr 1	WED	14:00 – 15:00	
	Mrs Francis	Gr 2	THUR	14:00 – 15:00	
	Mrs Francis	Gr 3	MON	14:00 – 15:00	
	Miss Okes	Gr 4	THUR	14:00 – 15:00	
	Miss Moore	Gr 5	WED	14:00 – 15:00	
	Mrs du Preez	Gr 6	WED	14:00 – 15:00	
	Mrs Dawson	Gr 7	THUR	14:00 – 15:00	
<b>KARATE</b>	Danie du Plessis	<b>Private</b> 083 212 2231	TUES & THUR	13:55 - 14:45	
<b>LP - ENGLISH (Limited Proficiency)</b>	Mrs Dean	Gr 1	MON	14:00 – 15:00	
	Mrs Dean	Gr 2	WED	14:00 – 15:00	
	Mrs Dean	Gr 3	TUES	14:00 – 15:00	
	Mrs Netto	Gr 4	TUES	14:00 – 15:00	
	Mrs Hatton	Gr 5	MON	14:00 – 15:00	
	Miss Knoutze	Gr 6	TUES	14:00 – 15:00	
	Mrs Solomons	Gr 7	WED	14:00 – 15:00	
<b>Perceptual Skills</b>	Miss Beaver	Gr 1	TUES	14:00 – 14:45	
<b>MEDIA</b>	Mrs Steenkamp	GR 4 – 7	TUES, WED, THUR	14:00 – 15:00	

**NB: NO** extramural activities take place during the **FIRST** and **LAST** week of any term, unless the child or team are notified, in advance, by their respective coaches or educators.