



SPECIAL PARENTS' CIRCULAR NO: 213 OF 2024

EXTRA MURAL TIMETABLE 2024 TERM 4

ACADEMICS

<u>Grade 7 Extra Lessons</u>			14:00-15:00
English	Miss. Chengan/ Miss. K. Botha	Monday	
Afrikaans	Mrs. Breedt	Tuesday	
Mathematics	Miss. Moore	Wednesday	
<u>Grade 6 Extra Lessons</u>			14:00-15:00
English	Miss. K. Botha	Tuesday	
Afrikaans	Mrs. T. Botha	Monday	
Mathematics	Miss. Elliott	Wednesday	
<u>Grade 5 Extra Lessons</u>			14:00-15:00
English	Mrs. Hatton	Monday	
Afrikaans	Mrs. Kruger	Tuesday	
Mathematics	Miss. Lindsay	Thursday	
<u>Grade 4 Extra Lessons</u>			14:00-15:00
English	Miss. West	Monday	
Afrikaans	Mrs. Rautenbach	Tuesday	
Mathematics	Mrs. Z. van den Heever	Wednesday	
<u>Grade 3 Extra Lessons</u>			14:00-15:00
English	Mrs. Matthews	Tuesday	
Afrikaans	Mrs. Gaddin & Miss. Makhubela	Thursday	
Mathematics	Mrs. Potgieter & Miss. Makhubela	Wednesday	
<u>Grade 2 Extra Lessons</u>			14:00-15:00
English	Miss Corvo	Monday	
Afrikaans	Mrs. Brits	Wednesday	
Mathematics	Mrs. Potgieter	Tuesday	
<u>Grade 1 Extra Lessons</u>			14:00-15:00
English	Mrs. Furlong	Thursday	
English Spelling	Mrs. Dean	Tuesday	
Afrikaans	Miss. Budge	Monday	
Mathematics	Miss. Fyfe & Miss. Budge	Wednesday	



SPORT

Athletics										
Organiser: Mr Mostert										
Time	Event	Coach	Mon		Tues		Wed		Thur	
14:05 - 15:20	Shot put	Mr. Ras & Mrs. Z Van Den Heever	U9	U10	U10	U9	U11	U12		
14:05 - 15:20	Long Jump	Mr. Holtzhausen, Mr. Horne & Mrs. Hinton	U10	U9	U12	U11	U10	U11		
14:05 - 15:20	High Jump	Mrs. Du Preez, Miss. Kruger & Mr. Hippolyte	U11	U12	U9	U10	U12	U9		
15:20 - 15:50	Relay	Mr. Mostert & Mr Du Plessis	All		All		All		None	
14:40 - 15:20	Hurdles/Sprints	Mr. Mostert & Mr Du Plessis	U12	U11	U11	U12	U9	U10	All	
06:25 - 07:10	Middle distance	Mr. Mostert, Miss. Keeble & Mrs. Rautenbach	All Ages							
14:05 - 14:40	Junior Sprints	Mr. Mostert & Mr Du Plessis	All U7 - U8							

Fast Five Netball		Age group	Times
Organiser: Miss. Keeble			
Day: Mon-Wed			
Mrs. S Van Den Heever & Mrs. S Smith		U11 A	15:30 - 16:10
Miss. Kruger & Miss Keeble		U12 A	15:30 - 16:10

Rugby (Starts after athletics)		Monday - Thursday
Organiser: Mr Mostert		
Match Day - Friday & Saturday		
Sevens Rugby Coaches		
Mr. H Mostert, Mr. Du Plessis & Mr. Hippolyte	15:55 - 17:00	
Mr. Du Plessis and Mr. Holtzhausen	15:55 - 17:00	
Rugby U8 Coaches		
Mr Mostert, Mr Ras & Mr. Horne	15:20 - 16:20	



Swimming		Mondays & Tuesdays
Organiser: Miss Lindsay		<u>Galas - Wednesday</u>
Coaches	Age group	Time
Mrs. Gaddin	U7 - U9	14:05 - 15:20
Miss. Lindsay	U10 - U11	15:15 - 16:15
Mrs. Visser & Mr. Du Plessis	U12 - U13	15:15 - 16:15

Team Manager: Mrs. Adams, Mrs. Hatton & Mrs. T. Botha (Gala Days)

CULTURE

Marimba			
Coaches	Comments	Age group	Times
Mr Patience Mrs Adams	Coach	Grade 4 - 7	Tues & Thur 07:00-07:30 Thursday 14:00-15:00
Choir			
Mrs Furlong Miss Naidoo Mrs Adams	Mr Patience to oversee	Grade 4 - 7	Monday 15:00-17:00
Speech and Drama (Private)			
Mrs Brits Miss Corvo Mrs. Adams Miss Fyfe	Mr Patience to oversee	Grade R - 3 Grade 4 - 7	Thursday 14:00-14:30 Thursday 14:30-15:30
Clubs			
Miss Naidoo	Art Club	Grade 4 - 7	Thurs 14:00-15:00
Mr Patience	Music Theory Clinic	Grade 4 - 7	Thurs 15:00-15:30
Mr Patience	Design Club	Grade 4 - 7	Mon 14:00-14:30
Mr Patience	Design Club	Grade 4 - 7	Tues 14:00-14:30

**OTHER**

<u>Karate (Private)</u>			
Danie Du Plessis	Grd 5-7	Tuesday & Thursday	14:00-14:45
<u>General Knowledge Club</u>			
Miss Chengan/ Miss West	Grd 6-7	Wednesday	14:00-14:30
<u>Homework intervention Class</u>			
Mr Lindsay Mrs Thomas	Grd 4-7	Friday	13:55-15:00
Mrs Tarr	Grd1-3	Friday	13:55-15:00

Mr. W. Botha
Principal

Mr. H. Mostert
HOD Sports